



## ***Technical Notification 80***

**Dated: November 24, 2010**

**Re: Pairs Skating- Technical Clarification on Group 2 Waist Loop Lift for Intermediate, Juvenile and Pre-Juvenile Pairs Free Skating**

As stated in the U.S. Figure Skating rulebook, page 368 List of Pair Lifts, in the intermediate, juvenile and pre-juvenile pairs free skate program, if a pair elects to execute a Group 2 waist loop lift both partners must begin the lift backwards with the lady's take-off in a loop jump position on one foot. If this take-off requirement is not fulfilled the lift will receive no higher than a level one.