



## 2018 and 2019 Choreographic Exercise Elements

All three Choreographic Elements should be present and integrated into the entire program. Development of the elements in a variety of ways will be rewarded. Elimination of an element will be reflected in the score.

### 2017-2018 CE Elements

**Style:** *The Meaning of Life*

**Choreographic Process:** *Diminution/Decrease*

Diminution (dimə'n (y)oo SHən): A choreographic sequence of movement that decreases upon repetition. *Note:* Diminution can be used to relate to size, energy, density, and number of movements in a sequence. (Opposite of accumulation)

**Gesture:** *Adagio/Slow*

Slow, continuous, and sustained body movement.

### 2018-2019 CE Elements

**Style:** *Cultural Dance*

Movement and music based on the tradition and culture of a geographic location. Ex: Folk dance, African Dance, Indian Dance, Irish Step-dance etc.

**Choreographic Process:** *Mirroring*

Imitating the movement of another when facing that individual or group.

**Gesture:** *Percussive*

Sharp, fast, and explosive body movement.