

FREE SKATING

PRE-JUVENILE

Penalties: • 0.1 each mark for each illegal element • 0.1 each mark for time violation • 0.1 in 1st mark for insufficient revs and lack of connecting steps/moves	0.2 Deduction for each extra or lacking element in the mark for Technical Elements								
	Single Jumps	Double Jumps	Jump Comb or Seq.	Spins	Step Sequence				
	Unlimited	Up to 4 different double jumps which may be repeated as individual jumps, jump comb. or jump seq.	Min 1 Max 3 (no limit to number of jumps included)	Min 3 different Min of 3 rev	1 Utilizing one-half of ice surface		T.E.	P.C.	Place
						Basic Mark			
						Deduction			
						Totals			
						Basic Mark			
						Deduction			
						Totals			
						Basic Mark			
						Deduction			
						Totals			
						Basic Mark			
						Deduction			
						Totals			
						Basic Mark			
						Deduction			
						Totals			
						Basic Mark			
						Deduction			
						Totals			

FREE SKATING

PRELIMINARY

Penalties: • 0.1 each mark for each illegal element • 0.1 each mark for time violation • 0.1 in 1st mark for insufficient revs and lack of connecting steps/moves	0.2 Deduction for each extra or lacking element in the mark for Technical Elements							
	Single Jumps	Double Jumps	Jump Comb or Seq.	Spins	Step Sequence			
	Unlimited	Up to 2 different double jumps which may be repeated as individual jumps, jump comb. or jump seq.	Min 1 Max 3 (no limit to number of jumps included)	Min 2 different Min of 3 rev	1 Utilizing one-half of ice surface		T.E.	P.C.
					Basic Mark			
					Deduction			
					Totals			
					Basic Mark			
					Deduction			
					Totals			
					Basic Mark			
					Deduction			
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					Basic Mark			
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					Totals			
					Basic Mark			
					Deduction			
					Totals			
					Basic Mark			
					Deduction			
					Totals			

FREE SKATING

PRE-PRELIMINARY

Penalties: • 0.1 each mark for each illegal element • 0.1 each mark for time violation • 0.1 in 1st mark for insufficient revs and lack of connecting steps/moves	0.2 Deduction for each extra or lacking element in the mark for Technical Elements							
	Single Jumps	Jump Comb or Seq.	Spins	Step OR Spiral Sequence		T.E.	P.C.	Place
	Unlimited Axel permitted and may be repeated as individual jump, comb or sequence Double jumps are Not allowed	Min 1 Max 3 (no limit to number of jumps included)	Min 2 different Min of 3 rev	1				
					Basic Mark			
					Deduction			
					Totals			
					Basic Mark			
					Deduction			
					Totals			
					Basic Mark			
					Deduction			
					Totals			
					Basic Mark			
					Deduction			
					Totals			
					Basic Mark			
					Deduction			
					Totals			
					Basic Mark			
					Deduction			
					Totals			

FREE SKATING

NO TEST

Penalties: • 0.1 each mark for each illegal element • 0.1 each mark for time violation • 0.1 in 1st mark for insufficient revs and lack of connecting steps/moves	0.2 Deduction for each extra or lacking element in the mark for Technical Elements							
	Single Jumps	Jump Comb or Seq.	Spins	Step OR Spiral Sequence				
	Unlimited Axels and double jumps are Not allowed	Min 1 Max 3 (no limit to number of jumps included)	Min 2 different Min of 3 rev	1		T.E.	P.C.	Place
					Basic Mark			
					Deduction			
					Totals			
					Basic Mark			
					Deduction			
					Totals			
					Basic Mark			
					Deduction			
					Totals			
					Basic Mark			
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					Basic Mark			
					Deduction			
					Totals			
					Basic Mark			
					Deduction			
					Totals			