

Extra or repeated element: 0.1 – 0.2

**2006 Short Program – SENIOR MEN**

Spin Rev Minimums: Flying Spin: 8 Revs Other Spins: 6 Revs Ea. Foot  Note 1: Only one quad jump allowed – Either as solo jump or in Jump Comb  Note 2: Min. 2 revs in pos. required or pos. won't count	Failures: 0.1 – 0.4 Omissions: 0.5						Failures: 0.1 – 0.3 Omissions: 0.4				
	Jump Combination Dbl / Trpl Trpl / Trpl Quad / Dbl Or Quad / Trpl See Note 1	Double Or Triple Axel	Triple or quad jump immediately preceded by connecting steps or other fs movements (See note 1)	Flying Spin	Spin: Camel Or Sit with only one change of foot	Spin Combination with only one change of foot & at least two changes of position (see Note 2)	Step Sequence (straight line, circular or serpentine)	Step Sequence (straight line, circular or serpentine)	TECHNICAL ELEMENTS	PROGRAM COMPONENTS	PLACE
								Basic Mark			
								Deductions			
								Total			
								Basic Mark			
								Deductions			
								Total			
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								Basic Mark			
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								Total			

Extra or repeated element: 0.1 – 0.2

**2006 Short Program – SENIOR LADIES**

Spin Rev Minimums: Flying Spin: 8 Revs Layback/Side Spin: 8 Revs Spin Comb.: 6 Revs Ea. Foot  Note : Min. 2 revs in pos. required or pos. won't count	Failures: 0.1 – 0.4 Omissions: 0.5						Failures: 0.1 – 0.3 Omissions: 0.4					
	Jump Combination Dbl / Trp Or Trpl / Trpl	Double Axel	Triple Jump immediately preceded by connecting steps or other fs movements	Flying Spin	Spin: Layback Or Sideways Leaning	Spin Combination with only one change of foot & at least two changes of position (See Note)	Spiral Step Seq. (serp, circ, oval or comb) min 3 spiral pos and at least one change of ft	Step Sequence (straight line, circular or serpentine)	TECHNICAL ELEMENTS	PROGRAM COMPONENTS	PLACE	
									Basic Mark			
									Deductions			
									Total			
									Basic Mark			
									Deductions			
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									Deductions			
									Total			

Extra or repeated element: 0.1 – 0.2

**2006 Short Program – JUNIOR MEN**

Spin Rev Minimums: Flying Spin: 8 Revs Other Spins: 6 Revs Ea. Foot  Note: Min. 2 revs in pos. required or pos. won't count	Failures: 0.1 – 0.4 Omissions: 0.5						Failures: 0.1 – 0.3 Omissions: 0.4					
	Jump Combination Dbl / Trpl Or Trpl / Trpl	Double Axel	Double Or Triple Lutz immediately preceded by connecting steps or other fs movements	Flying Sit Spin	Camel Spin with only one change of foot	Spin Combination with only one change of foot & at least two changes of position (see Note)	Step Sequence (straight line, circular or serpentine)	Step Sequence (straight line, circular or serpentine)	TECHNICAL ELEMENTS	PROGRAM COMPONENTS	PLACE	
									Basic Mark			
									Deductions			
									Total			
									Basic Mark			
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									Basic Mark			
									Deductions			
									Total			

Extra or repeated element: 0.1 – 0.2

**2006 Short Program – JUNIOR LADIES**

Spin Rev Minimums: Flying Spin: 8 Revs Layback/Side Spin: 8 Revs Spin Comb.: 6 Revs Ea. Foot  Note 2: Min. 2 revs in pos. required or pos. won't count	Failures: 0.1 – 0.4 Omissions: 0.5						Failures: 0.1 – 0.3 Omissions: 0.4				
	Jump Combination Dbl / Dbl Or Dbl / Trpl	Double Axel	Double Or Triple Lutz immediately preceded by connecting steps or other fs movements	Flying Sit Spin	Spin: Layback Or Sideways Leaning	Spin Combination with only one change of foot & at least two changes of position (see Note)	Spiral Step Seq (serp, circ, oval or comb) min of 3 spiral pos. And at least 1 change of ft	Step Sequence (straight line, circular or serpentine)	TECHNICAL ELEMENTS	PROGRAM COMPONENTS	PLACE
									Deductions		
									Total		
									Basic Mark		
									Deductions		
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									Basic Mark		
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									Basic Mark		
									Deductions		
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									Basic Mark		
									Deductions		
									Total		

Extra or repeated element: 0.1 – 0.2

**2006 Short Program – NOVICE MEN**

Spin Rev Minimums: Spin: 6 Revs in position Spin Comb.: 5 Revs Each Foot	Failures: 0.1 – 0.4 Omissions: 0.5					Fail: 0.1-0.3 Omit: 0.4			
	Jump Combination Dbl / Dbl Or Dbl / Trpl	Axel Or Double Axel  (Cannot be repeated in solo or combination jump.)	Double or Triple Jump immediately preceded by connecting steps or other free skating movements	Spin with only one position. No change of foot. May start with a jump.	Spin Combination with only one change of foot & at least one change of position	Step Sequence (straight line, circular or serpentine)	TECHNICAL ELEMENTS	PROGRAM COMPONENTS	PLACE
							Basic Mark		
							Deductions		
							Total		
							Basic Mark		
							Deductions		
							Total		
							Basic Mark		
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							Deductions		
							Total		

Extra or repeated element: 0.1 – 0.2

**2006 Short Program – NOVICE LADIES**

Spin Rev Minimums: Spin: 6 Revs in position Spin Comb.: 5 Revs Each Foot	Failures: 0.1 – 0.4 Omissions: 0.5					Fail: 0.1-0.3 Omit: 0.4			
	Jump Combination Dbl / Dbl Or Dbl / Trpl	Axel Or Double Axel  (Cannot be repeated in solo or combination jump.)	Double or Triple Jump immediately preceded by connecting steps or other free skating movements	Spin: Layback Or Sideways Leaning No change of foot. May start with a jump	Spin Combination with only one change of foot & at least one change of position	Spiral step sequence Min of 3 spiral positions & at least 1 chg of ft (straight line, circ. or serp.)	TECHNICAL ELEMENTS	PROGRAM COMPONENTS	PLACE
							Basic Mark		
							Deductions		
							Total		
							Basic Mark		
							Deductions		
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							Deductions		
							Total		

Extra or repeated element: 0.1 – 0.2

**2006 Short Program – INTERMEDIATE**

Spin Rev Minimums: Spin: 5 Revs in position Spin Comb: 5 Revs Each Foot	Failures: 0.1 – 0.4 Omissions: 0.5					Fail: 0.1-0.3 Omit: 0.4			
	Jump Combination Single / Dbl Or Dbl / Dbl	Axel or Double Axel  (Cannot be repeated in solo or combination jump.)	Double Jump immediately preceded by connecting steps and/or other free skating movements	Spin with only one position and no change of foot. May start with a jump.	Spin combination with only one change of foot & at least one change of position	Step Sequence (straight line, circular or serpentine)	TECHNICAL ELEMENTS	PROGRAM COMPONENTS	PLACE
							Basic Mark		
							Deductions		
							Total		
							Basic Mark		
							Deductions		
							Total		
							Basic Mark		
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