

2012-2013 Adult Pairs Requirements



2012-2013	LIFTS	THROW JUMP	SOLO JUMP	JUMP SEQUENCE/ COMBINATION	PAIR SPIN/ COMBINATION	SOLO SPIN/ COMBINATION	PIVOT FIGURE or DEATH SPIRAL	STEP/SPIRAL SEQUENCE
<p>CHAMPIONSHIP ADULT PAIRS & ADULT MASTERS PAIRS & ADULT GOLD PAIRS</p> <p>3:40 max</p>	<p>Max 2* different</p> <p>One may be a twist lift with no limit to the number of revolutions</p> <p>If lifts are from the same group, they must be different (e.g. one star and one platter, both from Group 3)</p> <p>Min ½ rev and max 3 ½ revs by man required</p> <p>Variations of the lady's position, no-handed, one-handed and combination lifts are permitted</p> <p>Carry lifts and lifts that include a carry feature are not permitted</p>	<p>Max 2 different</p> <p>Must have different IJS codes</p> <p>No limit on number of revolutions in throw jump</p>	<p>Max 1</p> <p>Single, double or triple jumps permitted</p>	<p>Max 1</p> <p>Single, double or triple jumps permitted</p> <p>Max two jumps in jump combination</p> <p>No limit to number of jumps in jump sequence</p>	<p>Max 1*</p> <p>Pair spin:</p> <ul style="list-style-type: none"> • Min 4 revs • Optional change of position • Min 2 revs in each position <p>Pair spin combination:</p> <ul style="list-style-type: none"> • Min 6 revs total • Min 1 change of position by each partner • Min 1 change of foot by each partner • Min 2 revs in each position 	<p>Max 1</p> <ul style="list-style-type: none"> • Min 4 revs If spin does not have a change of foot • Min 6 revs If spin has a change of foot • Min 2 revs in each position 	<p>Max 1*</p> <p>Regular 1-hand to 1-hand hold required</p> <p>At least ½ revolution with man in full pivot position</p>	<p>Max 1</p> <p>Chosen from:</p> <ul style="list-style-type: none"> • Choreographic step sequence or • <u>Choreographic sequence</u> <p>Must fully utilize the ice surface</p> <p>Additional moves in the field, spiral sequences and step sequences will not be counted as elements but will be counted as transitions and marked as such</p>
	<p>*Additional Element: May choose to perform 1 additional element from:</p> <ul style="list-style-type: none"> • Pair Spin if not already performed • Pair Combination Spin if not already performed • Pivot Figure/Death Spiral (max 2 per program, different IJS codes) • Lift (max 3 per program; must be different) <p>Additional elements must have an IJS code that is different from that of any other program element</p>							

6.0 System

- Penalties:**
- 0.1 each mark for each illegal element
 - 0.1 each mark for time violation
 - 0.1 in 1st mark for insufficient revs.
 - 0.1 in 1st mark for step seq. not fully utilizing ½ the ice
 - 0.2 in 1st mark should be deducted for each element exceeding the max.
 - 0.2 in 1st mark should be deducted if an element indicated by an * is omitted

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ADULT SILVER PAIRS 2:40 max	Max 2 different One must be from Group 1 Other lift may be from Group 1 with a different take off or from Group 2 or may be a single twist lift Full extension is optional for Group 2 waist loop lift Min ½ rev and max 3 ½ revs by man required Overhead lifts, carry type lifts and carry features not permitted Variation of lady's position, no-handed, one-handed and combination lifts not permitted	Max 1 Single throw jumps only Double or triple throw jumps not permitted	Max 1 Single jumps only Double or triple jumps not permitted	Max 1 Single jumps only Max two jumps in jump combination No limit to number of jumps in jump sequence	Max 1 Pair spin: • Min 3 revs • Optional change of position • Min 2 revs in each position Pair spin combination: • Min 5 revs total • Min 2 revs in each position	Max 1 • Min 3 revs If spin does not have a change of foot • Min 5 revs If spin has a change of foot • Min 2 revs in each position	Max 1 Pivot position not required Choice of hand-hold	Max 1 Chosen from: • Step sequence or • Spiral sequence Must use at least 1/2 of ice surface Additional moves in the field, spiral sequences and step sequences will not be counted as elements but will be counted as transitions and marked as such
ADULT BRONZE PAIRS 2:10 max	Max 1 <u>May</u> be from Group 1 or a Group 2 waist loop lift Min ½ rev and max 3 ½ revs by man required Full extension is optional for Group 2 waist loop lift Variations of the lady's position, no-handed, one-handed, overhead, twist, carry and combination lifts and lifts that include a carry feature are not permitted	Max 1 Single throw jumps only Single Axel, double or triple throw jumps not permitted	Max 1 Single jumps only Single Axel, double or triple jumps not permitted Max two jumps in jump combination No limit to number of jumps in jump sequence	Max 1 Single jumps only Single Axel, double or triple jumps not permitted. Max two jumps in jump combination No limit to number of jumps in jump sequence	Max 1 Pair spin: • Min 3 revs • Optional change of position • Min 2 revs in each position Pair spin combination: • Min 5 revs total • Min 2 revs in each position	Max 1 • Min 3 revs If spin does not have a change of foot • Min 5 revs If spin has a change of foot • Min 2 revs in each position	Max 1 Pivot position not required Choice of hand-hold	Max 1 Chosen from: • Step sequence or • Spiral sequence Must use at least 1/2 of ice surface. Additional moves in the field, spiral sequences and step sequences will not be counted as elements but will be counted as transitions and marked as such

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CENTENNIAL PAIRS 3:10 max	<p>Max 2 different</p> <p>Lifts may be from Group 1 or Group 2</p> <p>*If from the same group, each must have different take-off (for example, one Lutz lift and one Axel lift, both from Group 1)</p> <p>One may be single twist lift</p> <p>Full extension is optional for Group 2 waist loop lift</p> <p>Min ½ rev and max 3 ½ revs by man required</p> <p>Group 3, 4 & 5 lifts and carry lifts are not permitted</p>	<p>Max 1</p> <p>Single throw jumps only</p> <p>Single Axel throw jumps are permitted</p>	<p>Max 1</p> <p>Single jumps only</p> <p>Single Axel jumps are permitted</p>	<p>Max 1</p> <p>Single jumps only</p> <p>Max two jumps in jump combination</p> <p>No limit to number of jumps in jump sequence</p> <p>Single Axel jumps are permitted</p>	<p>Max 1</p> <p>Pair spin:</p> <ul style="list-style-type: none"> • Min 3 revs • Optional change of position • Min 2 revs in each position <p>Pair spin combination:</p> <ul style="list-style-type: none"> • Min 5 revs total • Min 1 change of position by each partner • Min 1 change of foot by each partner • Min 2 revs in each position 	<p>Max 1</p> <ul style="list-style-type: none"> • Min 3 revs If spin does not have a change of foot • Min 5 revs If spin has a change of foot • Min 2 revs in each position 	<p>Max 1</p> <p>Pivot position not required</p> <p>Choice of hand-hold</p>	<p>Max 1</p> <p>Chosen from:</p> <ul style="list-style-type: none"> • Step sequence or • Spiral sequence <p>Must use at least 1/2 of ice surface</p> <p>Additional moves in the field, spiral sequences and step sequences will not be counted as elements but will be counted as transitions and marked as such</p>

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 - 0.2 in 1st mark should be deducted if an element indicated by an * is omitted