

2012-2013 Adult Pairs Requirements



2012-2013	LIFTS	THROW JUMP	SOLO JUMP	JUMP SEQUENCE/ COMBINATION	PAIR SPIN/ COMBINATION	SOLO SPIN/ COMBINATION	PIVOT FIGURE or DEATH SPIRAL	STEP/SPIRAL SEQUENCE
<p>CHAMPIONSHIP ADULT PAIRS & ADULT MASTERS PAIRS & ADULT GOLD PAIRS</p> <p>3:40 max</p>	<p>Max 2* different</p> <p>One may be a twist lift with no limit to the number of revolutions</p> <p>If lifts are from the same group, they must be different (e.g. one star and one platter, both from Group 3)</p> <p>Min ½ rev and max 3 ½ revs by man required</p> <p>Variations of the lady's position, no-handed, one-handed and combination lifts are permitted</p> <p>Carry lifts and lifts that include a carry feature are not permitted</p>	<p>Max 2 different</p> <p>Must have different IJS codes</p> <p>No limit on number of revolutions in throw jump</p>	<p>Max 1</p> <p>Single, double or triple jumps permitted</p>	<p>Max 1</p> <p>Single, double or triple jumps permitted</p> <p>Max two jumps in jump combination</p> <p>No limit to number of jumps in jump sequence</p>	<p>Max 1*</p> <p>Pair spin:</p> <ul style="list-style-type: none"> • Min 4 revs • Optional change of position • Min 2 revs in each position <p>Pair spin combination:</p> <ul style="list-style-type: none"> • Min 6 revs total • Min 1 change of position by each partner • Min 1 change of foot by each partner • Min 2 revs in each position 	<p>Max 1</p> <ul style="list-style-type: none"> • Min 4 revs If spin does not have a change of foot • Min 6 revs If spin has a change of foot • Min 2 revs in each position 	<p>Max 1*</p> <p>Regular 1-hand to 1-hand hold required</p> <p>At least ½ revolution with man in full pivot position</p>	<p>Max 1</p> <p>Chosen from:</p> <ul style="list-style-type: none"> • Choreographic step sequence or • <u>Choreographic sequence</u> <p>Must fully utilize the ice surface</p> <p>Additional moves in the field, spiral sequences and step sequences will not be counted as elements but will be counted as transitions and marked as such</p>
	<p>*Additional Element: May choose to perform 1 additional element from:</p> <ul style="list-style-type: none"> • Pair Spin if not already performed • Pair Combination Spin if not already performed • Pivot Figure/Death Spiral (max 2 per program, different IJS codes) • Lift (max 3 per program; must be different) <p>Additional elements must have an IJS code that is different from that of any other program element</p>							

6.0 System

- Penalties:**
- 0.1 each mark for each illegal element
 - 0.1 each mark for time violation
 - 0.1 in 1st mark for insufficient revs.
 - 0.1 in 1st mark for step seq. not fully utilizing ½ the ice
 - 0.2 in 1st mark should be deducted for each element exceeding the max.
 - 0.2 in 1st mark should be deducted if an element indicated by an * is omitted

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ADULT SILVER PAIRS 2:40 max	<p>Max 2 different</p> <p>One must be from Group 1</p> <p>Other lift may be from Group 1 with a different take off or from Group 2 or may be a single twist lift</p> <p>Full extension is optional for Group 2 waist loop lift</p> <p>Min ½ rev and max 3 ½ revs by man required</p> <p>Overhead lifts, carry type lifts and carry features not permitted</p> <p>Variation of lady's position, no-handed, one-handed and combination lifts not permitted</p>	<p>Max 1</p> <p>Single throw jumps only</p> <p>Double or triple throw jumps not permitted</p>	<p>Max 1</p> <p>Single jumps only</p> <p>Double or triple jumps not permitted</p>	<p>Max 1</p> <p>Single jumps only</p> <p>Max two jumps in jump combination</p> <p>No limit to number of jumps in jump sequence</p>	<p>Max 1</p> <p>Pair spin:</p> <ul style="list-style-type: none"> • Min 3 revs • Optional change of position • Min 2 revs in each position <p>Pair spin combination:</p> <ul style="list-style-type: none"> • Min 5 revs total • Min 2 revs in each position 	<p>Max 1</p> <ul style="list-style-type: none"> • Min 3 revs If spin does not have a change of foot • Min 5 revs If spin has a change of foot • Min 2 revs in each position 	<p>Max 1</p> <p>Pivot position not required</p> <p>Choice of hand-hold</p>	<p>Max 1</p> <p>Chosen from:</p> <ul style="list-style-type: none"> • Step sequence or • Spiral sequence <p>Must use at least 1/2 of ice surface</p> <p>Additional moves in the field, spiral sequences and step sequences will not be counted as elements but will be counted as transitions and marked as such</p>
ADULT BRONZE PAIRS 2:10 max	<p>Max 1</p> <p><u>May</u> be from Group 1 or a Group 2 waist loop lift</p> <p>Min ½ rev and max 3 ½ revs by man required</p> <p>Full extension is optional for Group 2 waist loop lift</p> <p>Variations of the lady's position, no-handed, one-handed, overhead, twist, carry and combination lifts and lifts that include a carry feature are not permitted</p>	<p>Max 1</p> <p>Single throw jumps only</p> <p>Single Axel, double or triple throw jumps not permitted</p>	<p>Max 1</p> <p>Single jumps only</p> <p>Single Axel, double or triple jumps not permitted</p>	<p>Max 1</p> <p>Single jumps only</p> <p>Single Axel, double or triple jumps not permitted.</p> <p>Max two jumps in jump combination</p> <p>No limit to number of jumps in jump sequence</p>	<p>Max 1</p> <p>Pair spin:</p> <ul style="list-style-type: none"> • Min 3 revs • Optional change of position • Min 2 revs in each position <p>Pair spin combination:</p> <ul style="list-style-type: none"> • Min 5 revs total • Min 2 revs in each position 	<p>Max 1</p> <ul style="list-style-type: none"> • Min 3 revs If spin does not have a change of foot • Min 5 revs If spin has a change of foot • Min 2 revs in each position 	<p>Max 1</p> <p>Pivot position not required</p> <p>Choice of hand-hold</p>	<p>Max 1</p> <p>Chosen from:</p> <ul style="list-style-type: none"> • Step sequence or • Spiral sequence <p>Must use at least 1/2 of ice surface.</p> <p>Additional moves in the field, spiral sequences and step sequences will not be counted as elements but will be counted as transitions and marked as such</p>

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CENTENNIAL PAIRS 3:10 max	<p>Max 2 different</p> <p>Lifts may be from Group 1 or Group 2</p> <p>*If from the same group, each must have different take-off (for example, one Lutz lift and one Axel lift, both from Group 1)</p> <p>One may be single twist lift</p> <p>Full extension is optional for Group 2 waist loop lift</p> <p>Min ½ rev and max 3 ½ revs by man required</p> <p>Group 3, 4 & 5 lifts and carry lifts are not permitted</p>	<p>Max 1</p> <p>Single throw jumps only</p> <p>Single Axel throw jumps are permitted</p>	<p>Max 1</p> <p>Single jumps only</p> <p>Single Axel jumps are permitted</p>	<p>Max 1</p> <p>Single jumps only</p> <p>Max two jumps in jump combination</p> <p>No limit to number of jumps in jump sequence</p> <p>Single Axel jumps are permitted</p>	<p>Max 1</p> <p>Pair spin:</p> <ul style="list-style-type: none"> • Min 3 revs • Optional change of position • Min 2 revs in each position <p>Pair spin combination:</p> <ul style="list-style-type: none"> • Min 5 revs total • Min 1 change of position by each partner • Min 1 change of foot by each partner • Min 2 revs in each position 	<p>Max 1</p> <ul style="list-style-type: none"> • Min 3 revs If spin does not have a change of foot • Min 5 revs If spin has a change of foot • Min 2 revs in each position 	<p>Max 1</p> <p>Pivot position not required</p> <p>Choice of hand-hold</p>	<p>Max 1</p> <p>Chosen from:</p> <ul style="list-style-type: none"> • Step sequence or • Spiral sequence <p>Must use at least 1/2 of ice surface</p> <p>Additional moves in the field, spiral sequences and step sequences will not be counted as elements but will be counted as transitions and marked as such</p>

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