

# U.S. FIGURE SKATING MOVES IN THE FIELD JUDGING FORM JUVENILE (JM)



Candidates must skate the correct steps and turns on good edges, with good form, flow, power and preciseness to their steps.

Candidate's Name \_\_\_\_\_ Member # \_\_\_\_\_

Candidate's Club \_\_\_\_\_

Host Club \_\_\_\_\_ Date \_\_\_\_\_

	MARK	COMMENTS		
<b>Stroking: Forward power circle</b> Starting from standing position, skater will perform fwd crossovers progressively increasing in foot speed & acceleration throughout entire move, from a slow but gradually accelerating pace to fully accelerated crossovers. As skater accelerates, circle circumference increases. Power circles are performed both in counterclockwise & clockwise directions. It is recommended that no more than 15 crossovers be utilized in completing each portion of this move.		Focus: power		
<b>Stroking: Backward power circle</b> Starting from standing position, skater will perform bkwd crossovers progressively increasing in foot speed & acceleration throughout entire move, from a slow but gradually accelerating pace to fully accelerated crossovers. As skater accelerates, circle circumference increases. Power circles are performed both in counterclockwise & clockwise directions. It is recommended that no more than 15 crossovers be utilized in completing each portion of this move.		Focus: power		
<b>Eight-step mohawk sequence</b> Move begins with skater performing two eight-step mohawk sequences counterclockwise. Step order is: fwd crossover into LFO mohawk, followed by LBI, RBO, LBI cross fwd and RFI. Skater should maintain a march cadence (one beat per step). Between the circles is a 2-beat left foot transition. Sequence is then repeated twice in opposite direction. Move may start in either direction.		Focus: quickness, power		
<b>Fwd &amp; Bkwd free skating cross strokes</b> Skater will perform free skating cross strokes the length of arena. Fwd cross strokes skated for one length of arena and bkwd cross strokes skated for second length of arena. Introductory steps and end patterns are optional.		Focus: power		
<b>Backward power three-turns</b> Skater will perform three to five backward power three-turns per circle in figure eight pattern. One complete figure eight is required. One or two-foot glide may be utilized when changing circles. Introductory steps are optional. Move may start in either direction.		Focus: power		
<b>Forward double three-turns</b> Skater will perform consecutive fwd double 3-turns on 1/2 circles w/ alternating of feet. 4-6 half circles skated depending on length of arena & strength of skater. Sequence begins with FO double 3-turns covering first length of arena. FI double 3-turns will cover second length of the arena. Intro steps & end patterns are optional.		Focus: edge quality		
<b>Total</b>		<table border="1" style="width: 100%;"> <tr> <td style="width: 50%; text-align: center;">Pass</td> <td style="width: 50%; text-align: center;">Retry</td> </tr> </table>	Pass	Retry
Pass	Retry			

Passing Average 3.0

Passing Total 18.0

**Only one element may be retried at the end of the test, if necessary.**

Judge's Signature \_\_\_\_\_ Member # \_\_\_\_\_

Judging panel required: Three bronze or higher rank singles/pairs or dance judges who are certified to judge MIF tests.