



Technical Notification 197

Dated: June 8, 2017

Re: Junior Free Dance Test Requirements

Per Rule TR 51.06, in the event of a substantive change to any free dance requirements by the ISU, the chair of the Dance Committee will revise the affected free dance test(s) to include such change(s) as soon as practical.

As such, **effective July 1, 2017**, the step sequence requirements for the junior free dance test are changed as follows:

TR 54.04 Junior Free Dance Test

General requirements outlined for the silver pattern dance test apply equally to the junior free dance test. The program presented must conform to the rules set forth for free dance. It must be moderately difficult, contain a good variety of movements, and be well composed and well placed on the ice surface. A junior free dance program must include the following required elements:

Lifts: Either one combination lift or two different types of short lifts. The combination lift (not to exceed 12 seconds) can be chosen from any combination lift. The short lifts (not to exceed seven seconds) are stationary lift, straight line lift, curve lift or rotational lift. One additional lift (up to 10 seconds) is permitted (provided it is not illegal).

Spins: One or two dance spins, but no more, selected from the following types:

- a. **Spin:** Minimum three revolutions on one foot by each partner;
- b. **Spin Combination:** Minimum three revolutions on one foot by each partner for each part of the spin. There is allowed up to one-half rotation on two feet while changing to the other foot simultaneously by each partner.

An additional choreographic spinning movement is permitted anywhere in the program.

Step Sequence: One step sequence (in hold) selected from Group A or Group B:

- a. **Group A: Straight Line Step sequences:** Midline or Diagonal
- b. **Group B: Curved Step Sequences (counterclockwise or clockwise):** Circular or Serpentine

The step sequence must fully utilize the ice surface and must be skated in dance holds or variations thereof except hand-in-hand hold in the sustained position with fully extended arms. Any separation to change a hold must not exceed one measure of music. The sequence should include a variety of steps and turns and must include brackets, counters, rockers and choctaws executed by both partners. Stops, pattern retrogressions and loops are not permitted.

Synchronized Twizzles: One or two sets of synchronized twizzles, minimum two revolutions in each twizzle by both partners.

Duration: 3:30 +/- 10 seconds to music of the skaters' choice

Passing average: 4.0 Passing total: 8.0

Judging panel required: Three silver or higher rank dance judges.