

FREE SKATE TEST JUDGING FORM ADULT BRONZE (BFR)



Candidate's Name _____ Member # _____

Candidate's Club _____

Host Club _____ Date _____

Expectations for this test align with the preliminary free skate test. The purpose of this test is to continue the encouragement of beginning adult skaters to learn the fundamentals of free skating. The candidate must demonstrate knowledge of the elements and a sense of strength and continuous flow. A relationship with the music should be attempted in the program. As specified in rule 6551, the following elements are required:

REQUIRED ELEMENTS		EXECUTED	COMMENTS			
JUMP ELEMENTS (4)	Three different jumps selected from single toe loop, single Salchow, single loop, single flip or single Lutz*					
	One two-jump or three-jump combination including a waltz jump and/or allowable** single jump(s)					
SPINS (2)	Two spins of a different character*** -Minimum 3 revolutions each spin -If spin has a change of foot: minimum 3 revs. on each foot					
STEPS	One step sequence (may include moves in the field and spirals) utilizing at least one-half of the ice surface		MARK (-3 to +3)			
Duration: 1:50 maximum - For up to every 10 sec in excess: penalty of one point (-1) deduction (rule 6234) - For each illegal element/movement: penalty of one point (-1) deduction (rule 6234) *Required jumps may be performed as solo jumps, or as part of jump combinations or sequences, but no jump element may count for more than one of the jump requirements. **Allowable single jumps are toe loop, Salchow, loop, flip and Lutz ***If a skater performs a sit spin or a camel spin, the position must be recognizable but does NOT need to achieve a basic position as defined in rule 6103 (A). - Extra elements may be added without penalty. - Two different elements may be reskated, if necessary.						
			Skating			
			Program			
			DED			
Circle Test Result	Retry -9 to -1	Pass 0 to +3	Honors +4 to +6	Distinction +7 to +9	Total	

Judge's Signature _____ Name _____ Mbr # _____

Judging Panel Required	Three-Judge Panel (test result determined by majority)	Single-Judge Panel
		Three bronze or higher rank singles test judges