

FREE SKATE TEST JUDGING FORM ADULT SENIOR (ASRF)



Candidate's Name _____ Member # _____

Candidate's Club _____

Host Club _____ Date _____

The candidate must give a performance that is generally very good in all respects. Focus should be on power, flow, edge quality, line and footwork control. The program should demonstrate a good, harmonious composition that is skated to the music with rhythm and expression, while utilizing the full ice surface. As specified in rule 6412, the following elements are required:

REQUIRED ELEMENTS		EXECUTED	COMMENTS		
JUMP ELEMENTS (7)	One single, double or triple Axel*				
	Four different double, triple or quadruple jumps (one of which must be a double Lutz, triple jump or quadruple jump*)				
	Two two-jump or three-jump combinations each including two jumps with at least two rotations				
SPINS (3)	One spin combination (minimum 10 revolutions)**				
	One flying spin or spin with a flying entry (minimum 6 revolutions)**				
	One spin with only one position (minimum 6 revolutions)**				
STEPS	One step sequence must be visible and identifiable and should use almost the full ice surface				
CHOR	One choreographic sequence must be clearly visible		MARK (-3 to +3)		
Duration: 4:10 maximum time - For up to every +/- 10 sec in excess: penalty of one point (-1) deduction (6234 A) - For each illegal element/movement: penalty of one point (-1) deduction (6234 B) * Required jumps may be performed as solo jumps, or as part of jump combinations or sequences, but no jump element may count for more than one of the jump requirements. **All spins: may have a flying entry, may change feet, must be of a different character. - Extra elements may be added without penalty. - Two different elements may be reskated, if necessary.			Elements		
			Skating		
			Program		
			DED		
Circle Test Result	Retry -9 to -1	Pass 0 to +3	Honors +4 to +6	Distinction +7 to +9	Total

Judge's Signature _____ Name _____ Mbr # _____

Judging Panel Required	Three-Judge Panel (test result determined by majority)	Single-Judge Panel
	Three gold singles test judges	N/A