

FREE SKATE TEST JUDGING FORM

ADAPTIVE SKATING

BRONZE (SOBF)



Candidate's Name _____ Member # _____

Candidate's Club _____

Host Club _____ Date _____

An adaptive skating test may be given to any Special Olympics or adaptive skating athlete who is registered with a Special Olympics or adaptive skating program. A Special Olympics or adaptive skating athlete may be assisted during the test by a coach or another athlete from the boards or on the ice. This is an intermediate level freestyle program. A well-balanced program consists of elements with an emphasis on flow, carriage and a slightly more advanced skill level. Requirements are the following seven elements:

REQUIRED ELEMENTS	EXECUTED	COMMENTS
Half flip jump		
Half Lutz jump		
Waltz jump		
Forward spiral		
Two-foot spin (min. 5 revs.)		
One-foot spin (min. 3 revs., upright position only)		
Hockey stop		

<p>Duration: 2:00 +/- 10 seconds</p> <ul style="list-style-type: none"> • Program should also incorporate moves skills such as consecutive backward crossovers (left and right), consecutive forward outside and inside edges, consecutive backward outside and inside edges, forward inside three-turns (left and right), forward inside mohawks and simple footwork (mohawk step sequence, waltz three-step sequence, etc.). • The skills may be performed in any order. The skater will be judged on the quality of the performance and the content. • Any number of elements may be reskated at the request of the Judge-In-Charge. 	RESULT	
	PASS	RETRY

The entire test will be marked on a "pass" or "retry" basis only, and individual marks will not be awarded. The "pass" or "retry" will be arrived at by consideration of the composite of each element in relation to the whole.

Judge's Signature _____ Name _____ Mbr # _____

Judging Panel Required	Three-Judge Panel (test result determined by majority)	Single-Judge Panel
	Three bronze or higher rank singles test judges	One bronze or higher rank singles test judge