

# FREE SKATE TEST JUDGING FORM

## ADAPTIVE SKATING

### PRE-BRONZE (SOPBF)



Candidate's Name \_\_\_\_\_ Member # \_\_\_\_\_

Candidate's Club \_\_\_\_\_

Host Club \_\_\_\_\_ Date \_\_\_\_\_

An adaptive skating test may be given to any Special Olympics or adaptive skating athlete who is registered with a Special Olympics or adaptive skating program. A Special Olympics or adaptive skating athlete may be assisted during the test by a coach or another athlete from the boards or on the ice. This is an advanced beginner freestyle program. A well-balanced program consists of elements selected from Badges 1-12 with emphasis on glide and turns. Requirements are the following elements:

REQUIRED ELEMENTS	EXECUTED	COMMENTS
Consecutive forward one-foot swizzles (left foot)		
Consecutive backward one-foot swizzles (right foot)		
Consecutive backward one-foot swizzles (left foot)		
Consecutive forward one-foot swizzles (right foot)		
Bunny hop or two-foot jump in place		
Forward pivot		
Forward lunge or shoot-the-duck (at any depth)		
T-stop (left or right)		

<b>Duration: 1:30 +/- 10 seconds</b> <ul style="list-style-type: none"> <li>• Program should also incorporate moves skills such as two-foot turns, gliding forward to backward and backward to forward, consecutive forward crossovers (right and left), and forward inside and outside edges.</li> <li>• The skills may be performed in any order. The skater will be judged on the quality of the performance and the content.</li> <li>• Any number of elements may be reskated at the request of the Judge-In-Charge.</li> </ul>	RESULT	
	PASS	RETRY

The entire test will be marked on a "pass" or "retry" basis only, and individual marks will not be awarded. The "pass" or "retry" will be arrived at by consideration of the composite of each element in relation to the whole.

Judge's Signature \_\_\_\_\_ Name \_\_\_\_\_ Mbr # \_\_\_\_\_

Judging Panel Required	Three-Judge Panel (test result determined by majority)	Single-Judge Panel
	Three bronze or higher rank singles test judges	One bronze or higher rank singles test judge