

# MOVES IN THE FIELD JUDGING FORM

## ADAPTIVE SKATING

### SILVER (SOSM)

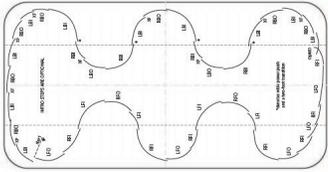
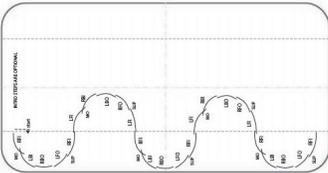
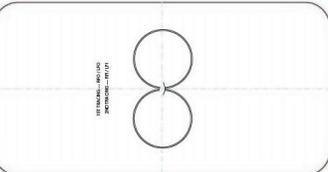
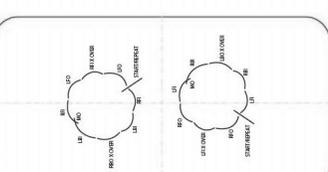
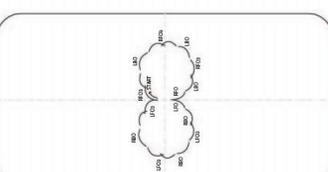


Candidate's Name \_\_\_\_\_ Member # \_\_\_\_\_

Candidate's Club \_\_\_\_\_

Host Club \_\_\_\_\_ Date \_\_\_\_\_

The purpose of this test is to continue encouragement, with fundamentals of ice skating being demonstrated. Good edges, flow, extension and posture are emphasized, although not necessarily mastered (rule 5123).

PATTERNS	ELEMENTS TEST STANDARDS / EXPECTATIONS		
	<p><b>1. Forward and Backward Perimeter Power Stroking</b></p> <p>4 alternating F Xovers separated by strong FI edge transitions. End pattern consists of 2 F Xovers followed by a LFO open stroke; then a RFI opMo followed by 1 or 2 B Xovers. All end pattern steps should be performed with an even cadence except the LFO open stroke, which should be held for 2 counts. 2nd side resumes with 4 B Xovers separated by 2-ft transitions, also known as a power push. Skaters should take care to perform transitions on 2 solid inside edges. 2nd end pattern consists of 3-5 B Xovers. Intro. steps are opt.</p>		
	<p><b>2. Five-Step Mohawk Sequence</b></p> <p>Alternating FI mohawks, skated in consecutive half circles. Each series consists of a five-step sequence. The skater will skate one length of the ice with four or five lobes. Intro. steps are opt.</p>		
	<p><b>3. Forward Circle Eight</b></p> <p>Push from standing start onto FO edge and complete one FO figure 8. Upon return to center at end of the 2nd circle, skater will perform FI figure 8 by pushing onto FI edge, repeating the previously skated circle. Circles should be equal in size w/ each approx. 3 times skater's height. May mark center. May start on either foot.</p>		
	<p><b>4. Circular Sequence</b></p> <ul style="list-style-type: none"> <li>• L</li> <li>• RI</li> </ul> <p>L F Xover, to L FO edge, to R FI mohawk, to R B Xover, to R FI edge. Must be repeated twice and performed L and R. Intro steps are opt. May start in either direction.</p>		
	<p><b>5. Waltz Three-Step Sequence</b></p> <p>In a figure 8 pattern. A 2-step intro. may be added. R FO 3-turn to a L BO edge, to a R FO 3-turn to a L BO edge, to a R FO 3-turn to a L BO edge, to a step F to R FO edge and glide on 2 feet back to center. Then a L FO 3-turn to a R BO edge, to a L FO 3-turn to a R BO edge, to a L FO 3-turn to a R BO edge, to a step F to a LFO edge and glide on 2 feet back to center. Min. of 3, 3-turn/back edge sequences per circle.</p>		
<p>Any number of elements may be reskated at the request of the Judge-in-Charge</p>	<p>Circle Test Result</p>	<p><b>Retry</b></p>	<p><b>Pass</b></p>

The entire test will be marked on a "pass" or "retry" basis only, and individual marks will not be awarded. The "pass" or "retry" will be arrived at by consideration of the composite of each element in relation to the whole.

Judge's Signature \_\_\_\_\_ Name \_\_\_\_\_ Mbr # \_\_\_\_\_

Judging Panel Required	Three-Judge Panel (test result determined by majority)	Single-Judge Panel
	<p>Three bronze or higher rank test judges certified to judge Moves in the Field II</p>	<p>One silver or higher rank test judge certified to judge Moves in the Field II</p>