

SOLO FREE DANCE JUDGING FORM SENIOR



Circle one: Standard (ZSRFD) or Adult 21+ (21ZSRFD) or Adult 50+ (50ZSRFD)

Candidate's Name _____ Member # _____

Candidate's Club _____

Host Club _____ Date _____

General requirements outlined for the gold pattern dance test apply equally to the senior solo free dance test. The program presented must conform to the rules for solo free dance. It must be difficult, varied and display originality. Choreography, expression and utilization of space must be excellent. For adult 21+ and adult 50+ candidates, see rules 8383 and 8384. A senior solo free dance program must include the following required elements, as specified in rule 8395:

REQUIRED ELEMENTS		EXECUTED	COMMENTS
EDGE ELEMENTS	One combination edge element plus one short edge element or three short edge elements		
	Combination edge element not to exceed 12 seconds; short edge elements not to exceed seven seconds each		
	Edge elements must have different positions, but positions within the combination edge element may be repeated		
SPIN	One solo dance spin but no more, selected from solo dance spin or solo dance combination spin*		
STEPS	One step sequence** from the following list: serpentine, circular, midline or diagonal		
TWIZZLES	Two different twizzle series but no more, one series must have a different entry edge and different direction of rotation for the two twizzles; for both series, a minimum of two revolutions is required on each twizzle, no more than three steps are allowed between twizzles		
CHOREO STEP	One choreographic character step sequence must be placed within 10 meters of center line short axis, proceed from barrier to barrier and commence with full stop at one barrier or the other		

MARK (-3 to +3)	
Elements	
Skating	
Program	
DED	

Duration: 2:40 +/- 10 seconds

- For up to every +/- 10 sec lacking or in excess: penalty of one point (-1) deduction (8385)

*8373(C) A solo dance spin is on one foot only. It must have a minimum of three revolutions and may include any number of changes of position. A solo dance combination spin must have a change of foot with a minimum of three revolutions on each foot, and may contain any number of positions on either foot. This element should relate to the music and enhance the overall program. No flying entries are permitted on any dance spin.

**The step sequence must fully utilize the ice surface. It should include a variety of steps and turns and must include brackets, counters, rockers, choctaws and twizzles. Jumps of more than one-half rotation, stops, dance spins, pirouettes, pattern retrogressions and loops must not be included.

- Two different elements may be reskated, if necessary.

Circle Test Result	Retry -9 to -1	Pass 0 to +3	Honors +4 to +6	Distinction +7 to +9	Total	
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Judge's Signature _____ Name _____ Mbr # _____

Judging Panel Required	Three-Judge Panel (test result determined by majority)	Single-Judge Panel
	Three gold dance test judges	N/A